All of us involved with the Wasatch 100 love the mountains and use the trails. Entrants to the Wasatch 100 run are required to **complete 8 hours (one full day) of trail work**. We feel that we need to be stewards of the land that we use and love. Those who have volunteered for trail work have discovered that it can be a lot of fun, so go out and enjoy yourselves! Acceptance into the Wasatch 100 will be a two-part procedure.

FIRST fill out and submit the online Race Application, download and fill out the Fee Payment Form, and mail your form and check for $225 plus any shirt charges to:

Wasatch Front 100 Mile Endurance Run, Inc.
1344 South 800 East, Suite 202
Orem, Utah 84097

Applications will be conditionally accepted based on the Wasatch 100 Mile Endurace Run Selection Process. Acceptance becomes final upon receipt of your trail work report. Runners must be 18 years of age to run.

SECOND call your local Forest Service and tell them that you need to complete **8 hours** of work on trails with them prior to August 15th. If you live in the Salt Lake Ranger District contact the Cottonwood Canyons Foundation as they coordinate the SLRD Forest Service projects. Find out possible days that you could work with them. Then pick a day and show up at the appointed time and place. Talk to the supervisor and let him/her know that you will need him/her to sign your trail work report verifying the amount of work completed.

Take your trail work form with you
when you do the work. The Forest Service and Cottonwood Canyons Foundation will not have the form.

Eligible trail work will include maintenance of existing trails or building new trails under the supervision of the Forest Service or Cottonwood Canyons Foundation. **For those who live locally** the work should be done in the Wasatch mountains.
For those who do not
the trail work should be done on your local trails with your local Forest Service.
For those few who have limited access to trails
, your trail work could be done with your local parks and recreation organizations. If a Forest Service project is not available in your area trail work on other types of projects can be substituted with the permission of the Wasatch 100 Race Committee. Exceptions may be granted for the few who may have unusual circumstances. A written request for exception is required.

Completely fill out the trail work report and mail it to the above address, making sure that it is postmarked no later than August 15th. **Do not rely on the agency you volunteer with to mail your form as it will usually get lost in the shuffle. Mail your trail work form yourself.**
All work must be done after the previous year's race is over.
You are not officially entered until this report is received. If the trail work report is not sent by the August 15th deadline, your acceptance will be revoked.
DO NOT WAIT UNTIL THE LAST WEEK OR TWO TO DO YOUR WORK. NO EXTENSIONS WILL BE GIVEN
.
Remember, refunds will be provided up until August 10th
. After that date race funds are committed to our vendors and no refunds will be given.